

## **Day 1 Arrive Lhasa**

Upon arrival Lhasa airport, our tour guide will meet you and transfer you to hotel. For the rest of the day you will be at leisure for acclimatization to the altitude of the Tibetan plateau or visit local bazaar on your own.

## **Day 2 Lhasa (BL) Visit Potala Palace, Jokhang Temple and Barkhor street**

Potala was the winter palace of the Dalai lama, which was originally built in the 7th century by the king Sotsen Gampo and rebuilt to the present size by the 5th Dalai lama in the 17th century. Built in 1416 by Tsongapa's disciple—Jamyang-choje. Jokhang Temple, one of the oldest temples in Tibet, was built in the 7th century by the 33rd king—Sontsanganbu. Barkor is the middle pilgrimage circuit around Jokhang Temple.

## **Day 3 Lhasa (BL) Visit Drepung Monastery and Norbulinka Park**

Drepung Monastery is the biggest Gelupa monastery in the west suburb of Lhasa. Built in the mid-18th century by the 7th Dalai Lama. Norbulinka, the Jewel Park was the Dalai Lama's summer palace, it covers 100 acres with palaces, pavilions and a zoo.

## **Day 4 Lhasa (BL) Visit Ani Kongsang Nunnery and Sera Monastery**

Nunnery is just 1 km south to Jokhang temple with about 100 nuns. Sera is the second biggest Gelupa Monastery in the north suburb of Lhasa, which was built in 1419 by Tsongapa's disciple—Sakya-yeshi. Situated at the heart of the oldest section of the Lhasa city.)

## **Day 5 Lhasa fly home (B)**

After breakfast, we will transfer you to the airport. Fly to home or extend your trip to other destination.